



PERSONAL INFORMATION

Printed Name (First, Middle, Last): \_\_\_\_\_

Preferred Name: \_\_\_\_\_ SSN: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Date of Birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M or F

Marital Status: S M D W Spouse's Name: \_\_\_\_\_ # of Children: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Mobile Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Email: \_\_\_\_\_ Work Email: \_\_\_\_\_

Preferred Method of Contact: \_\_\_\_\_ Cell Carrier: \_\_\_\_\_ Okay to send SMS texts? Y or N

Primary Physician's Name: \_\_\_\_\_ City/State: \_\_\_\_\_ Phone #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Referred by (Patient/Physician): \_\_\_\_\_

Occupation (Or Retired from): \_\_\_\_\_ Employer: \_\_\_\_\_ Years on Job: \_\_\_\_\_

Home Address: \_\_\_\_\_

Northern Address: \_\_\_\_\_

EMERGENCY CONTACT(S)

Name #1: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Name #2: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

INSURANCE INFORMATION

**\*\*Please give your Photo ID and Insurance Card(s) to the receptionist to copy.\*\***

Primary Insurance Provider: \_\_\_\_\_ Plan Type: \_\_\_\_\_ Claim #: \_\_\_\_\_

Policy ID #: \_\_\_\_\_ Group #: \_\_\_\_\_ Effective Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Policy Holder Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_ Policy Holder D.O.B.: \_\_\_\_/\_\_\_\_/\_\_\_\_

Policy Holder SSN: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Insurance Provider Phone #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Secondary Insurance Provider: \_\_\_\_\_ Plan Type: \_\_\_\_\_ Claim #: \_\_\_\_\_

Policy ID #: \_\_\_\_\_ Group #: \_\_\_\_\_ Effective Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Policy Holder Name: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_ Policy Holder D.O.B.: \_\_\_\_/\_\_\_\_/\_\_\_\_

Policy Holder SSN: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Insurance Provider Phone #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

AGREEMENT

*We appreciate you taking the time to complete this Medical History form.  
All information is confidential.*

The information that I will provide in this Medical History form is true and accurate to the best of my knowledge.

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**\*\*Please return to the receptionist.\*\***

**CHIEF COMPLAINT/CONDITION**

What is your worst area of pain/symptoms? \_\_\_\_\_

When did it start and how? \_\_\_\_\_

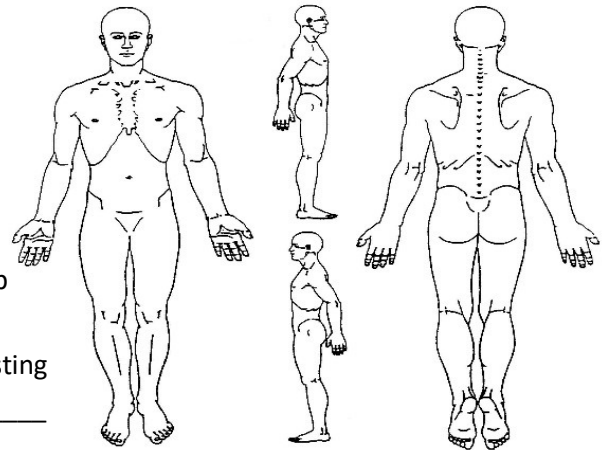
Does it radiate/spread? If so, where? \_\_\_\_\_

**Use the pain scale described below to rate your pain for the questions below:**

0. Pain free.
1. Very minor annoyance, occasionally minor twinges.
2. Minor annoyance, occasionally strong twinges.
3. Annoying enough to be distracting.
4. Can be ignored if you are really involved in your work/task, the still distracting.
5. Cannot be ignored for more than 30 minutes.
6. Cannot be ignored for any length of time, but you can still go to work or school and participate in activities.
7. Makes it difficult to concentrate, interferes with sleep, but she can still function with effort.
8. Physical activity is severely limited. You can read and talk with effort. Nausea and dizziness caused by pain.
9. Unable to speak, crying out or moaning uncontrollably, near delirium.
10. Unconscious, pain makes you pass out.

Please rate your pain on a 0 to 10 scale.	
Your pain right now?	_____
Your worst pain?	_____
Your least pain?	_____

Use this diagram to indicate the location.



**Check all that describe your pain**

- Achy    Hot/Burning    Cramping    Cutting    Dull    Itching    Numb
- Sharp    Shock-like    Shooting    Sore    Spasms    Stabbing    Stiff
- Throbbing    Tight    Tingling (Pins & Needles)    Weak    Tiring/Exhausting
- Other: \_\_\_\_\_

**When is your pain at it's worse?**  Morning    During the day    Evening    Middle of the night

**What word describes the frequency of pain?**  Constant    Intermittent

**Since your condition started, your symptoms have:**  Increased    Decrease    Remained the same    Erratic

**What makes your condition worse?** \_\_\_\_\_

**What makes your condition better?** \_\_\_\_\_

**What activities are adversely/negatively affected by your pain?**  Enjoyment of life    Normal work    Sleep

General activities    Recreational    Activities    Walking    Mood    Relationship with people

Other or Examples: \_\_\_\_\_

**Your condition is:**  Forgotten with Activity    Interfering with Activity    May Prevent Activity    Preventing Activity

**Please note all areas of pain and/or symptoms:**

- |   |                                    |                                    |   |
|---|------------------------------------|------------------------------------|---|
| <input type="checkbox"/> Headaches                | <input type="checkbox"/> Mid Back  | <input type="checkbox"/> Eyes      | <input type="checkbox"/> Low Back                       |
| <input type="checkbox"/> Sinus headaches          | <input type="checkbox"/> Ribs      | <input type="checkbox"/> Ears      | <input type="checkbox"/> Sacroiliac Joints (S-I Joints) |
| <input type="checkbox"/> Neck                     | <input type="checkbox"/> Chest     | <input type="checkbox"/> Nose      | <input type="checkbox"/> Hips                           |
| <input type="checkbox"/> Shoulders                | <input type="checkbox"/> Abdomen   | <input type="checkbox"/> Jaw (TMJ) | <input type="checkbox"/> Thighs                         |
| <input type="checkbox"/> Arms                     | <input type="checkbox"/> Heartburn | <input type="checkbox"/> Tinnitus  | <input type="checkbox"/> Knees                          |
| <input type="checkbox"/> Elbows                   | <input type="checkbox"/> Urinary   | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Legs                           |
| <input type="checkbox"/> Wrists / Hands / Fingers | <input type="checkbox"/> Bowel     | <input type="checkbox"/> Memory    | <input type="checkbox"/> Ankles / Feet / Toes           |

**Please mark all of the following you have undergone prior to today's visit:**

- Massage    Acupuncture    Chiropractic    Physical Therapy    Podiatry Treatment    Pain Medication    Muscle Relaxants
- Steroid Shots (Circle all that apply) Cervical / Thoracic / Lumbar / Shoulder / Elbow / Wrist / Hip / Knee / Feet
- Facet Injections (Circle all that apply) Cervical / Thoracic / Lumbar
- Radiofrequency Ablation (circle all that apply) Cervical / Thoracic / Lumbar
- Trigger Point Injections. Where: \_\_\_\_\_
- Vertebroplasty/Kyphoplasty. Where: \_\_\_\_\_
- Nerve Blocks. Where: \_\_\_\_\_
- Spine Surgery /Spine Fusion. Where: \_\_\_\_\_
- Permanent Spinal Column Stimulator. Where: \_\_\_\_\_
- Other: \_\_\_\_\_

Diagnostic Test and Imaging	Date	Facility
X-Rays of the _____	_____	_____
MRI of the _____	_____	_____
CAT scan of the _____	_____	_____
EMG/NCV study of the _____	_____	_____
Ultrasound of the _____	_____	_____
Other Diagnostic testing: _____	_____	_____

**Doctors seen for your current chief complaint:**

Date	Doctor's Name	Type of Doctor	Test Ordered	Diagnosis / Treatment	Response
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

**GENERAL HEALTH HISTORY**

**Age:** \_\_\_\_\_ **Height:** \_\_\_\_\_ ft. \_\_\_\_\_ in. **Weight:** \_\_\_\_\_ lbs. **Handedness:**  Left  Right  Ambidextrous

- |   |   |                          |
|---|---|--------------------------|
| Any electronic/metal implants?          | <input type="checkbox"/> Yes <input type="checkbox"/> No  | _____                    |
| Can you take NSAID's (Aspirin / Advil)? | <input type="checkbox"/> Yes <input type="checkbox"/> No  | _____                    |
| Use of Alcohol?                         | <input type="checkbox"/> Yes <input type="checkbox"/> No  | If yes, how often? _____ |
| Use of Tobacco?                         | <input type="checkbox"/> Yes <input type="checkbox"/> No  | If yes, how often? _____ |
| Use of Drugs?                           | <input type="checkbox"/> Yes <input type="checkbox"/> No  | If yes, how often? _____ |
| Do you drink coffee/soda?               | <input type="checkbox"/> Yes <input type="checkbox"/> No  | If yes, how often? _____ |
| Do you exercise?                        | <input type="checkbox"/> Yes <input type="checkbox"/> No  | _____                    |
| Do you sleep throughout the night?      | <input type="checkbox"/> Yes <input type="checkbox"/> No  | _____                    |
| Excessive exposure at home or work to:  | <input type="checkbox"/> fumes <input type="checkbox"/> dust <input type="checkbox"/> solvents <input type="checkbox"/> airborne particles <input type="checkbox"/> noise |                          |

**Past Medical History**

**General Medical**

- Cancer-Type \_\_\_\_\_
- Diabetes-Type \_\_\_\_\_
- Transplant Recipient
- HIV/ARC

**Hepatic**

- Hepatitis A  
(Active/Inactive/Unsure)
- Hepatitis B  
(Active/Inactive/Unsure)
- Hepatitis C  
(Active/Inactive/Unsure)

**Respiratory**

- Asthma
- Bronchitis
- COPD
- Emphysema
- Pneumonia
- Tuberculosis

**Musculoskeletal**

- Amputation
- Bursitis
- Carpal Tunnel Syndrome
- Chronic Lower Back Pain
- Chronic Neck Pain
- Chronic Joint Pain
- Fibromyalgia
- Joint Injury
- Osteoarthritis
- Osteoporosis/Osteopenia
- Phantom Limb Pain
- Rheumatoid Arthritis
- Tennis Elbow
- Vertebral Compression Frx
- Scoliosis

**Head/Eyes/Ears/Nose/Throat**

- Headaches
- Head Injury
- Thyroid Disease
- Migraines
- Glaucoma

**Neurophysiological**

- Alcohol Abuse
- Alzheimer's Disease
- Bipolar Disorder
- Depression
- Epilepsy
- Seizures
- Multiple Sclerosis
- Peripheral Neuropathy
- Schizophrenia
- CRPS
- Reflex Sympathetic Dystrophy

**Genitourinary/Nephrology**

- Bladder Infections
- Dialysis
- Kidney Infections
- Kidney Stones
- Urinary Incontinence

**Cardiovascular/Hematologic**

- Anemia
- Bleeding Disorder
- Coronary Artery Disease
- Heart Attack
- High Blood Pressure
- High Cholesterol
- Mitral Valve Prolapse
- Murmur
- Pacemaker/Defibrillator
- Phlebitis
- Poor Circulation
- Stroke/TIA/A-Fib

**Gastrointestinal**

- Bowel Incontinence
- Irritable Bowel Syndrome
- Heartburn (GERD)
- Gastrointestinal Bleeding
- Constipation

**Other Diagnosed Conditions:** \_\_\_\_\_

**Family Health History**

- |  |  |   |   |
|--|--|---|---|
| <input type="checkbox"/> Diabetes                                    | <input type="checkbox"/> Seizures            | <input type="checkbox"/> Liver Problems                                     | <input type="checkbox"/> Kidney Problems  |
| <input type="checkbox"/> Arthritis                                   | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Asthma   | <input type="checkbox"/> Osteoporosis     |
| <input type="checkbox"/> Dislocated Joints                           | <input type="checkbox"/> Rheumatic Fever     | <input type="checkbox"/> Sinus Trouble                                      | <input type="checkbox"/> Mental/Emotional |
| <input type="checkbox"/> Headaches                                   | <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Cancer - Type                                      | <input type="checkbox"/> HIV/ARC          |
| <input type="checkbox"/> Scoliosis                                   | <input type="checkbox"/> High Cholesterol    | <input type="checkbox"/> Other: _____                                       |   |
| <input type="checkbox"/> <b>I have no significant family history</b> |  | <input type="checkbox"/> <b>I am adopted. No medical history available.</b> |   |

**Family History of Disease/Death:**

	Age	Disease	Cause Of Death, If Deceased:
Father	_____	_____	_____
Mother	_____	_____	_____
Siblings	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Spouse	_____	_____	_____
Children	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Current Medication**

Medication	Dose	Frequency	Medication	Dose	Frequency
1. _____			7. _____		
2. _____			8. _____		
3. _____			9. _____		
4. _____			10. _____		
5. _____			11. _____		
6. _____			12. _____		

Do you have any allergies?     Yes     No

Check if allergic to     Iodine     Tape     Shellfish     Latex

Please list all medications you are allergic to:

Medication Name:

Allergic Reaction Type:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Past Surgical History**

Please indicate any surgical procedures you have had done in the past, including dates, type, and any pertinent details.

**Abdominal Surgery**

- Gallbladder \_\_\_\_\_
- Appendectomy \_\_\_\_\_
- Other: \_\_\_\_\_

**Heart Surgery**

- Bypass \_\_\_\_\_
- Valve Replacement \_\_\_\_\_
- Aneurysm Repair \_\_\_\_\_
- Other: \_\_\_\_\_

**Female Surgeries**

- Caesarean Section \_\_\_\_\_
- Hysterectomy \_\_\_\_\_
- Laparoscopy \_\_\_\_\_
- Ovarian \_\_\_\_\_
- Other: \_\_\_\_\_

**Joint Surgery**

- Shoulder \_\_\_\_\_
- Hip \_\_\_\_\_
- Knee \_\_\_\_\_
- Other: \_\_\_\_\_

**Spine/Back Surgery**

- Discectomy (Levels) \_\_\_\_\_
- Laminectomy \_\_\_\_\_
- Spinal Fusion \_\_\_\_\_

**Other Common Surgeries**

- Hemorrhoid Surgery \_\_\_\_\_
- Hernia Repair \_\_\_\_\_
- Thyroidectomy \_\_\_\_\_
- Tonsillectomy \_\_\_\_\_
- Vascular Surgery \_\_\_\_\_
- Skin Cancer \_\_\_\_\_

Please list any other surgeries and dates: \_\_\_\_\_

I have never had any surgical procedure done.

Review of Systems

**Constitutional** (Check all that apply)

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> Excessive Sweating      | <input type="checkbox"/> Insomnia                | <input type="checkbox"/> Chills              | <input type="checkbox"/> Excessive Thirst |
| <input type="checkbox"/> Night Sweats            | <input type="checkbox"/> Fatigue                 | <input type="checkbox"/> Difficulty Sleeping | <input type="checkbox"/> Low Sex Drive    |
| <input type="checkbox"/> Weakness                | <input type="checkbox"/> Easily Bruising         | <input type="checkbox"/> Fever               |   |
| <input type="checkbox"/> Unexplained Weight Gain | <input type="checkbox"/> Unexplained Weight Loss |  |   |

**Respiratory** (Check all that apply)

- |                                   |  |  |
|-----------------------------------|--|--|
| <input type="checkbox"/> Cough    | <input type="checkbox"/> Shortness of Breath On Exertion | <input type="checkbox"/> Shortness of Breath at Rest |
| <input type="checkbox"/> Wheezing | <input type="checkbox"/> History of Pulmonary Embolism   |  |

**Eyes/Ears/Nose/Throat/Neck** (Check all that apply)

- |   |   |   |                                   |
|---|---|---|-----------------------------------|
| <input type="checkbox"/> Recent Visual Changes  | <input type="checkbox"/> Nosebleeds         | <input type="checkbox"/> Dental Problems  | <input type="checkbox"/> Earaches |
| <input type="checkbox"/> Recurrent Sore Throats | <input type="checkbox"/> Ringing in the Ear | <input type="checkbox"/> Hearing Problems | <input type="checkbox"/> Eye Pain |
| <input type="checkbox"/> Sinus Problems         | <input type="checkbox"/> Allergies          |   |                                   |

**Gastrointestinal** (Check all that apply)

- |  |                                      |                                   |                                   |
|--|--------------------------------------|-----------------------------------|-----------------------------------|
| <input type="checkbox"/> Abdominal Cramps      | <input type="checkbox"/> Hernia      | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Vomiting |
| <input type="checkbox"/> Dark and Tarry Stools | <input type="checkbox"/> Acid Reflex |                                   |                                   |

**Neurological** (Check all that apply)

- |   |                                   |                                    |                                    |
|---|-----------------------------------|------------------------------------|------------------------------------|
| <input type="checkbox"/> Instability When Walking | <input type="checkbox"/> Numbness | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Carpal Tunnel Syndrome   | <input type="checkbox"/> Tingling | <input type="checkbox"/> Seizures  |                                    |

**Cardiovascular** (Check all that apply)

- |   |   |  |                                     |
|---|---|--|-------------------------------------|
| <input type="checkbox"/> Fainting                         | <input type="checkbox"/> Bleeding Disorders,  | <input type="checkbox"/> High Blood Pressure             | <input type="checkbox"/> Chest Pain |
| <input type="checkbox"/> Irregular Heartbeat              | <input type="checkbox"/> Swelling in the Feet | <input type="checkbox"/> Lightheadedness                 |                                     |
| <input type="checkbox"/> Shortness of Breath During Sleep |   | <input type="checkbox"/> History of Deep Vein Thrombosis |                                     |

**Genitourinary/Nephrology** (Check all that apply)

- |   |  |                                     |  |
|---|--|-------------------------------------|--|
| <input type="checkbox"/> Erectile Dysfunction | <input type="checkbox"/> Blood in Urine    | <input type="checkbox"/> Flank Pain | <input type="checkbox"/> Pelvic Pressure |
| <input type="checkbox"/> Decreased Urine Flow | <input type="checkbox"/> Painful Urination |                                     |  |

**Psychiatric** (Check all that apply)

- |  |  |                                     |  |
|--|--|-------------------------------------|--|
| <input type="checkbox"/> Suicidal Thoughts | <input type="checkbox"/> Suicidal Planning | <input type="checkbox"/> Depression | <input type="checkbox"/> Feeling Anxious |
| <input type="checkbox"/> Stress            |  |                                     |  |

ADDITIONAL SPACE

**\*\*Please use the additional space provided below for any additional information.\*\***

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